



Enhanced Medical Care  
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Dear Patient and their beloved family members,

I am writing to inform you of the Zostavax vaccine that is recommended (although not usually covered by insurance) for the prevention of “shingles” (Herpes Zoster or dormant chicken pox) and its sequelae. This vaccine is expensive: \$240.00 per injection, and usually not covered by Medicare. However, reimbursement by non-Medicare plans seems better. Medicare recommends this vaccine for those over the age of 60. Therefore, if you or a family member is 60 or nearing 60, you might want to consider getting this vaccine before you turn 65 to improve the chances of reimbursement. To determine whether one’s insurance company will cover this cost, I have a computer application that determines one’s insurance coverage. If you would like evidence of insurability for yourself or a family member, please email me and I will happy to answer your query.

If you have never had the chicken pox, you are not at risk for “shingles” (Herpes Zoster). However, if you are unsure as to whether you had chicken pox, we have a blood test to determine this conclusively.

Attached is a more detailed “Information Sheet” to determine whether this vaccine is appropriate for you or your loved one.

Best in health,  
Marilyn Chown, R.N., B.S.N., M.P.H.